

Kind and Unkind Words



TARGET AGE: Grade K-2

KEY TAKEAWAY: Words can hurt or help, we choose!

INTRODUCTION

In *Ari's Awful Day*, Ari and Mainer both use some words that are kind, and other words that are very unkind. We should always be very careful to use kind words so that we can make people feel good and not bad.

DISCUSSION

1. What are some unkind words?
2. What are some kind words?
3. Does anyone remember which unkind words Ari and Mainer used in the story?
4. Has anyone used unkind words with you? How did that feel?
5. Has anyone used kind words with you? How did that feel?

Alternatively, you could write out words on cards before the lesson and have the students put them into kind and unkind categories.

ART ACTIVITY

Explain that being kind and using kind words isn't difficult. When Mainer wanted to be kind to Ari, he chose to make hockey cards. A little gift like that can be very special!

Students can choose someone in their life that they want to give kind words to. They can draw any picture they want and fill out the following phrase to encourage that person.

Dear _____,

You are special to me because you are _____.

From _____.

AFFIRMATION ACTIVITY FOR OLDER KIDS

Give the students stacks of kind words that they can put on each other's desk to recognize positive characteristics in their classmates.

ADDITIONAL HANDOUTS

We have included a number of other resources that could help with this lesson. Please take look at them!