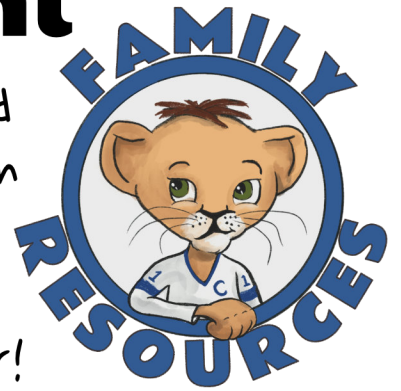


# Family Kindness Hunt



Go on a kindness hunt together! You can find people being kind everywhere; in your house, in the grocery store, even on your favourite TV show! So print out this page and mark down when you see people being kind to one another!

- A person said, "Please."
- A person said, "Thank you."
- A person played nicely with a dog (or an animal).
- A person cleared the table.
- A person picked up some trash.
- A person said, "I love you."
- A person smiled at someone else.
- A person waved at someone else.
- A person let someone else go first.
- A person gave a kind note to someone else.

Now it's YOUR turn. Can you add some more kind actions to the list?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

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Hey kids if you thought that was fun and want to receive NEW kindness challenges every month, get your parents to sign you up for Ari's Kindness club at [www.arithelion.com/ariss-kindnes-club](http://www.arithelion.com/ariss-kindnes-club)